

ONE WITH THE DIVINE SELF

Sri Swamiji has transcended all the limitations of the relative world. He has crossed the boundaries of time, space, and causation. It can be easily said that while living in the relative world, he is beyond the boundaries of Maya (Cosmic illusion).

Sri Gurudev, who is an ideal example of a *Jeevan Mukta*, described in the spiritual literature, never ignores duties and responsibilities of the practical life. Although established in his Absolute nature, experiencing the world as a dream, he is always concerned with the struggles and problems of day-to-day life faced by his devotees. He showers blessings and good wishes to all those who turn towards him for help and guidance during an adverse situation. His words infuse inner strength in the hearts of disciples and his blessings turn the tide of adversity.

Those with a pure heart and firm faith can easily experience the transforming influence of his grace and blessings working silently. Being one with the Cosmic Self, Sri Swamiji is the witnessing *Atman* in every heart. Considering me as one of the instruments in his Divine hands, several personal experiences are the testimony of the above statement. There have been many occasions when there was no way out except destruction and demise. Surrender and sincere prayer at the lotus feet of Sri Swamiji brought me out of the dreadful darkness. Every time help came instantaneously from an unexpected source.

On this auspicious occasion, I pray for his radiant health and long life, so that his countless devotees throughout the globe receive guidance and blessings to cross the quagmire of the illusion. With highest regards and prostrations at the Holy feet of Sri Gurudev Bhagawan.

Shashi Bushananda
Loni, India



AWESOME

Param Pujya Swami Ji,
Adorations on this auspicious day of the 3rd of February! God bestowed humankind with a magnificent gift by sending you to the world as His messenger to help heal and uplift the society. A very happy birthday, Swami Ji, and many more happy returns of the day. We congratulate you on your stupendous efforts to fulfill God's mission and congratulate ourselves and thank God for having you as gift in the form of a unique preceptor, guide and mentor to us and numerous other followers through books, discourses, *satsangas* and various other ways.

You have instilled in us the determination and confidence to achieve the Ultimate Goal in this very life. The *satsanga* sessions are enriching and delightful experiences as the lucid and elaborate interpretations of the scriptures punctuated with a liberal dose of humor make the subject matter very light and understandable.

Awesome is the word to express anything that is overwhelmingly big, great, wonderful and beautiful. You are, Swami Ji, all of those and more and therefore AWESOME.

We are grateful to God for His *Kripa* in giving you to us as our Guru.

May He bless you with a long, happy and healthy life so that you

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keep on showering your *Kripa* (Guru *Kripa*) on us and other followers.

Forever in need of your guidance,
Om Tat Sat
Sukhvarsha & Rajinder Chopra
New Delhi, India

AN OASIS OF CALM

Dear Gurudev,

Your long life has been a blessing for all your disciples. It has allowed us to see you live out your teachings by being the highest example of a life well lived. Over the many decades I have rested at your Lotus feet, your life, and the way you live it. You have been a source of unabated inspiration and upliftment. You teach by example. Your Holy presence dispels any doubt that Self-Realization is indeed attainable and should be the highest goal in our lives. As I look back over the years, I see how my own life has evolved spiritually, all guided by the "Lighthouse" of your existence. While we may struggle through our own individual spiritual journeys, you remain a steady light ahead, beckoning us to remain unwavering on the Godward path.

Ever since I first came to your ashram, I have found in you the source of the highest spiritual inspiration. As profound and enlightening as your regular lectures on the Vedic scriptures are, your regular presence has been the greatest inspiration in my

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life—an oasis of calm and soothing comfort. In your presence we refocus and recenter our inner compass towards the highest goal, *Moksha*.

May God continue to bless us all with your earthly presence so that we may all benefit from your teachings. You have been the single most important influence in my life and for this I am grateful.

Happy 90th Birthday, Swamiji, and thank you for being You!!

Prana
Miramar, Florida

A TRUE MASTER

I was blessed to be initiated by Swamiji over 25 years ago in Toronto through the recommendation of my late father, Pt. Sirju Persaud Misir and facilitated by sister Leela Prasaud of Toronto. During my initiation ceremony, Swamiji shared the proper techniques of repeating and meditating on the Guru Mantra. This has resonated with me over the years and has been the foundation of my spiritual journey in life so far.

He is truly the true spiritual Master which my father had recognized in this great soul, and now I have come to realize the same truth myself. More recently I have been drawn to the lecture series Yoga Vashistha—so eloquently and authoritatively expounded by Swamiji. His message goes beyond the physical entity into the depth and core of the source of who we are. Through the teachings and guidance that Swamiji provides, a true seeker can overcome all mundane afflictions in life and be guided to a life of Bliss and Eternity.

At his advanced age, Swamiji's vigor appears to be just as strong as when I first met him. As a true spiritual master, he is always prompt in his

reply whenever I consult with him for spiritual advice and guidance. He is consistent, prompt and in depth with his responses. These are always full of insights that one can revert back to for reassurances.

We pray to Lord Shiva that He blesses Swamiji on this important milestone of his 90th birthday. May his teachings continue to reach others who can benefit from these great gems of our Vedic scriptures.

With pranams
Ravi Misir,
Ontario Canada

REMEMBERING YOUR ETERNAL BLESSINGS

I bow down in deep-rooted devotion on the sacred occasion of your 90th birthday. Remembering your incredible grace, compassion and the art of constantly leading us on to stay united with God through your beautiful tweets. Remembering today your eternal blessings, your inspiring lectures—all delivered with great simplicity, combining them with parables and a spirit of humor. All are enhancing our minds towards a Godward movement.

Your slogan is: "Enter the cave of the heart deep within." God is the Supreme Dweller of the living temple of this body in which we also reside as a worshipper of the Divine within. We are ever abiding in absolute closeness to God. Here the word "multiplicity" is to be viewed as a support (*leela*) or a long dream. Dream is nothing but the consciousness. It is caused by illusion. Only one *Brahman* prevails behind all reflections.

The steps of *Sadhana* are constantly being hammered out by you in your lectures: A) Reflect that not my will but His Will prevails. B) I

am a ray. Profound love dawns in Divine Surrender. C) Being a ray of God, you have Divine Virtues to feel His presence.

Here the interaction between Guru and disciple is continuous. One utterance of Guru kindles the fire of *Tat Tvam Asi*—Thou Art That. By constant reflection on this *Mahavakya*, revelation dawns upon—*Ayam Atma Brahma*. The soul is verily *Brahman*, not different from it—*Jivo Brahmaiva Na Parah*.

Swamiji, we have been very fortunate to witness your enlightening lectures live on in Srimad Bhagavad Gita, Yoga Vasishtha, Ramayana, and other scriptures, while sitting at your Holy feet in the Miami ashram. We enjoyed your profound blessings of *Shakti*, *Bhakti* and *Mukti* during Mother Worship celebrations at the Miami ashram.

Praying for your radiant health, we offer our *Pranamas* and seek your affectionate blessings for Enlightenment.

Our greetings to all ashram disciples on this festive occasion.

Always aspiring for your tender blessings.

Kanta Seth, New Delhi, India
Gargi Seth, USA

YOUR LIGHT SHINES THROUGH THE DARKNESS

Namaste and Happy Birthday, Swamiji!

I am so grateful for your presence in this life! Your light shines through the darkest of times to guide me daily. I hold dear the memories of visiting the ashram and am grateful to be able to access your teachings online until I can again sit at your feet. I love you and pray for your good health and happiness!

Om Tat Sat!
With Prem and Om,
Girijananda
Wilton Manor, Florida

**POISON IS TRANSFORMED
INTO NECTAR**

*Prabishi nagar kijey sab kaja
Hriday rakhi Swamiji Maharaja!*

Swamiji, with Your Name on our tongue and Your Divine Image in our heart, we are able to live in this world. With Your Grace, poison is transformed into nectar; enemies turn into friends; the ocean contracts itself to the size of a cow's footprint, and fire becomes cool.

Swamiji, chanting your Divine Name gives us strength! Looking at You gives us Devotion! Listening to Your *Satsanga* gives us *Jnaana*!

Swamiji, may Your Grace give us Shakti to succeed in Self-effort, giving us the strength to have patience, strength to practice *Sadhana*, strength to be persistent, and the strength not to be disheartened. May we be constantly blessed with inspiration!

The Dust at Your Lotus Feet,
Maleeni, Atul, Shreya and
Siddhartha
Corpus Christi, Texas

**DARK CLOUDS ARE
MOMENTARY**

Om Tat Sat Swamiji,
Thank you for your inspiration and guidance.

With the current situation in the world, it is especially helpful, and needed. I've experienced mental swings, from very positive, to very negative. I try to stay balanced and detached, but it is not always easy. Your emails with inspirational messages, classes and publication information, etc., is like getting a key to a vault of spiritual treasures. For example: Not long ago, I encountered someone who was so rude to me. I became upset, and thought, "What have I done to deserve this?" Then, about an hour later, a stranger who was beaming with happiness came up to me and had a face-to-face conversation. The person was nice to me—the exact opposite from the previ-



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ous person. It seemed like God, or a deity, was acting through these people.

I remember learning that people, are puppets in Divine hands. The world is a drama to learn from. Now, when I encounter a negative situation, I remember I learned it is like a dark cloud momentarily passing overhead, to stay calm and focused, and to know that if I take a step towards God, he will take a hundred towards me!

Yogesh
Homestead, Florida

THE GREATEST GIFT

You've done so much good for so many souls for so long. I've watched many come and go through your Ashram's doors, and I've watched a handful of true devotees who have spent their entire lives there serving you faithfully. I've seen many who left in a huff because their ego structures were illuminated by your teaching, and they preferred to keep those structures in the darkness. But that's why one comes to an Ashram, to transcend the ego. It isn't an easy or pleasant task for most people. Some of them even left enraged, but you gave those angry souls in particular the greatest service.

Being a Guru is the hardest job in the world. No other job even comes close. And Swamiji, you have performed the Dharma of a Guru impeccably. Yours is the greatest gift. Yours

is the most profound wisdom. Yours is the highest love. Your gifts and your wisdom I pass on to others as best as I can, once I have embodied them at least a little. But your love I reflect back to you, its source.

Eternal gratitude and pranams to my Guru,
Purushottam
Chapel Hill, North Carolina

WE STRUCK IT RICH

Dear Swami Jyotirmayananda Saraswati,

For practical reasons, humanity counts years of existence as a rich man counts monetary notes; however money has no value to the years of a wise man. Today on the auspicious day of your 90th birthday we count those years as an enrichment to all the lives you have touched and enhanced. Sri Sharada Devi and I feel we struck it rich the day we met you. You continue to touch our lives day by day, for which we are deeply grateful.

May God shower you with *Shakti*, *Bhakti* and *Mukti*.

Happy Birthday!
Thine in the Lord,
Sri Swami Satyananda Saraswati
& Sri Sharada Devi
Miami, Florida



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GURU: JOURNEY AND DESTINATION

*“You’ve come home to Guru,”
She said.*

*Who said? The Tridevi.
She whose womb is
the Heart Ocean of Hiranyagarbha.
She appeared to me in waking
with weapons animated by
Unconditioned Love and by
prarabdha.
See Her many arms (and effects
better,
after She withdraws going afar.
Otherwise, Her blinding light
overpowers the ignorant and weak
jiva in you.*

*She commands Vishnu’s dream and
desires to slay heads.
She appeared to me in a dream
to behead the paper giant,
and He prepared me for it,
to keep a headless love.*

*But She is not completely done until
the last door opens,
and I am She,
and One with Her and Him.
Hare Krishna, Hare Ram,
Hare Om Tat Sat!*

*Your ashes,
Swami Pujananda Saraswati
Vero Beach, Florida*

AN IDEAL EXAMPLE FOR US TO FOLLOW

Poojya Swami Jyotirmayananda,
Happy birthday, and I wish you
every joy in your life on this day.

I think about your life and notice
that you have lived your life in such
an ideal way that every moment is an
example for us to follow. Your purity
of heart, caring for everyone, gentle-

ness in your teachings and especially
your way of describing and explaining
every scripture.

We as your disciples are fortunate
to have met you and learned a lot
from you.

Thank you very much.

Sincerely,

Vasanti Puranik.

Plantation, Florida

MY HEART SINGS

Blessings to you, Swami Ji, and
Happy Birthday.

My heart sings of appreciation
for what you have done for me and
for bringing a spiritual practice into
my life daily. Thank you for taking
a complicated world and making it
simple for me to understand. Know
that I start each day with you and I
long for the day when I can be in your
presence again. I wish you good health
and prosperity in your year to come.

With prem and Om,

Sri Mahesh

Florida

THE IMPORTANCE OF GURU

Poojya Swami Ji,

I would like to write a few words
about my association with you (Swami
Ji) on your 90th Birthday. I have been
one of your devotees for many years
and have learned a great deal about true
Spirituality, about the importance of
a Guru, about the necessity of a Guru
and the attributes of a real Guru.

Without a Guru nothing is possible—right from the start of Life. When a child is born, mother is the first Guru, and after that a child is sent to school, where he gets his academic knowledge by a Guru. Then after that there is the Spiritual Guru, who is required to teach the true meaning of

Life—what we are, why we came into
the world, what the purpose of our life
is, and where we will go after the end of
our journey. Through my association
with Swami Ji I have learned a few
things like the first and most important
thing is faith in Guru, because if we
don’t have faith, nothing will work.

In the Vedas, the highest Hindu
scriptures, it is written: *Guru Govind
dou, khare, kake lago paon, balihari
Guru Aapno, jin Govind dia, milay.*
This literally means, “If God and Guru
are standing there, whom will you pay
your respects to first?” The answer to
that: It is the Guru who showed me
the way to reach God, because without
a Guru who will tell us about God?”

God is not visible to us. Guru is visible and we can see God only through the mercy of the Guru. That’s why even God also gives the maximum importance to the Guru. We cannot contact God directly. That’s why it is mentioned in the Vedas that Guru and God are one and should be worshipped together equally. God will not accept a devotee alone; he has to come to God through Guru. Another quote from the Vedas: “*Yatha Deve tatha Gurou.*” This means, “Whatever devotion we perform for God, the same devotion should be offered to Guru.”

Anyway, if we sincerely worship
our Guru, same as God, we are sure to
get the benefits of our *Guru Bhagati*.
I know my Guru is the best of all the
Guru’s. He is kind, he is compassionate,
he is knowledgeable, he is always
helpful to his devotees. I had the
privilege of visiting his Ashrams in
Loni India and I was so impressed
that I send my contributions every
year to the best of my ability.

On his 90th birthday I wish Swami
Ji good health and many, many happy
returns of the day.

Kind regards,
Ray Bagga
Toronto, Canada

**SWAMI JYOTIRMAYANANDA—
THE LIGHT OF LIGHTS**

Om Tat Sat, Swamiji, on this auspicious occasion of your 90th birthday. I offer adorations and prostrations at your Holy Feet. I appreciate the irony of offering birthday greetings to the One who is Unborn. Acknowledging your birth is to show my gratitude for you as a blessing to our world.

When I read the article “You are the Architect of Your Destiny” in the *International Yoga Guide*, I knew that you had the answers to my questions, which no one had been able to answer. When I first saw you at the ashram in 1987, I felt I had always known you. I experienced a peace in your presence that words cannot describe. It felt as if I had come home! I wanted to stay at the ashram, but you said I needed to live in the world. We are blessed that you came to Toronto to give lectures and stay with us. Thanks to your blessings and guidance, I continue to facilitate classes in Toronto, based on your teachings.

You are the Light that shows me the way when I face challenges. Your calm presence and teachings, through your books, the *International Yoga Guide* and podcasts/live streaming, provide the guidance I need to calm my mind and make intelligent choices. You have guided me as a compassionate father with unconditional love and total acceptance.

During these challenging times with Covid 19 virus, I am feeling your constant support as you remind us daily, during livestream, of the dangers of the Mortality Virus. You continue to show us, through the Ramayana, Mahabharata, Gita, Yoga Vasistha and other texts, the challenges that each soul has to overcome and the way to overcome them to achieve the goal of life.

For me, you are the embodiment of your teachings. You are Integral Yoga. True to your name, you are the



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Divine Light that is showing us the way to eternal freedom. On your 90th birthday, revered Swamiji, I offer you my commitment to my *sadhana*, to follow your teachings and to surrender at your Divine Feet. My gratitude for your continued guidance and blessing and my prayers for your health and well-being so that others can be guided as you have guided me.

I look forward to being in Miami to be in your Holy Presence as soon as it is safe to travel.

With *pranams* and gratitude,
Leela Prasaud
Toronto, Canada

HIS WONDERFUL GRACE

Happy Birthday Dear Swamiji,

It is hard to believe that Swamiji has already reached his big 90th birthday, which brings thankfulness for the blessed day he entered our world to grace it with his Presence and wisdom. His wonderful Grace and teachings have touched and lifted countless lives including mine. I can honestly say that much of what I know about Vedanta and its deeper spiritual meaning comes primarily from him. His humility, kindness and unconditional love have touched me to the core. I have observed that everything he says and does demonstrates such selflessness and a complete lack of ego. His bubbly sense of humor seems to

overflow from the depths of his being and is very contagious.

I am so grateful for all he has done and is doing for our world, including his precious books and articles. May he continue to grace us with his presence for a long, long time.

Jai Guru! Love and *Pranams*,
Baktawar Mehta
Ontario, Canada

THE PERFECT ANSWER

Happy Birthday SWAMIJI,

I first met Swamiji in 2002 and since then I have experienced tremendous joy in reading the various books. Every time I spoke to Swamiji he has enlightened every darkness that I experience. Who is SWAMI JYOTIRMAYANANDA? He is the light of SWAMISIVANANDA, who continues to spread the message of LOVE AND MERCY to everybody who comes in contact with HIM.

Every month through the magazine, INTERNATIONAL YOGA GUIDE, Swamiji gives a message— just what everybody needs. I share this magazine with my patients, and everyone has acknowledged that whatever message they have read was the perfect answer to their problem.

Pranams,
Humesh Kapitan
Ontario, Canada

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WE HONOR YOUR WISDOM

Beloved Guru, Swami Ji,
Blessings and salutations to you, Divine Teacher. I am so grateful for all of your teachings, and for the generous sharing of wisdom. We of the Darshan Center for Spiritual Evolution honor your wisdom and your love.

Happy birthday!

May the Divine One continue to shower His choicest blessings upon you.

With Prem and Om,
Sujata Devi
Wilton Manor, Florida

YOUR WISDOM AND COMPASSION

Happy Birthday Dear Swamiji,
Angela and I would like to wish you the most heart-felt birthday greetings on this, your auspicious 90th year. Your wisdom and compassion have touched us and countless others, and for this we are truly thankful. We hope to travel to Miami in the near future to celebrate in your presence.

With deep respect and love,
John and Angela Caliendo
Toronto, Ontario

THE SOURCE OF INSPIRATION

Praises to Guru Dev,
Light of lights, bestower of infinite bliss, and the source of inspiration for all. May we never forget your immortal teachings that guide us to realize the full potential within us.

Many times, our adorations and devotion to your lotus feet,
Hari Om,
Girish
Florida

GRACE MADE MANIFEST

Blessed Self, Adorations!

Blessings, Gurudev, on the day of your birth into this embodiment.

Thank you with all of my heart for planting a seed of aspiration in me to take this journey with you toward Self Realization. I thank you for your wisdom and willingness to share Divine Knowledge with all those who seek the truth. I thank you for your blessings, love, support and encouragement in all of my endeavors with the Darshan Center for Spiritual Evolution, Sacred Journey Interfaith Seminary, my music ministry, and mostly Gurudev, for *mumukshutva*, which you have burned in my heart!

How blessed are we, your disciples, to be alive in this embodiment—at this time—in this place—where we can hear these spiritual teachings with our ears. What wonderful karmic blessings!

Fourteen years ago, I prayed for a spiritual teacher and guide to be brought into my life and I was miraculously brought to the Ashram to meet you. Gurudev, there are really no words of appreciation that can be said—mere words are limiting to fully express how your teachings, guidance, friendship and blessings have changed me. Your guidance and support are Divine Grace made manifest. How blessed am I to be your disciple and receive your love, wisdom, support, guidance and blessings. We continue to shine the light of your teachings at the Darshan Center where many of your devotees immerse themselves in Integral Yoga.

Thank you Swamiji for everything and May God continue to richly bless you with good health and Divine Grace!!!

Swami Sharadananda
Wilton Manor, Florida

THE KINDLING OF ASPIRATION

Om Tat Sat Swamiji,

You told me once that God is all knowing but I still have to pray. There are times when I feel you read my mind. Sometimes I get answers directly from you. One night I could not sleep. I was worried about the future. That morning I awoke to “Swamiji’s tweet for today: “Kindle Aspiration in your heart by Satsanga and Sadhana. The Golden Future awaits you. Blossom with Virtues. Waft the Aroma of Divine Love! OM!”

It is reassuring to know the ashram is there kindling the glow of aspiration.

Vivekanand
Pembroke Pines, Florida

BRIGHTEST LIGHT

Pranaam Swamiji,

On the auspicious occasion of your birth, thank you for guiding me and being the Brightest Light in our life. What a blessing indeed.

*Gururbrahma gururvishnuh gurur-
devo maheshvarah gurur-sakshat
param brahma tasmai shrigurave
namah.*

The presence of a Divine Sage is inexplicable. It is blessings pouring like flowers from the heavens. Over many years, I sat at your feet and you unfolded the vision of Vedanta. My body trembled due to the peace and clarity of the experience. The understanding that I must see beyond the apparent, beyond the objects of my senses and intellect, to what is real is humbling.

With deepest gratitude and prayer for Your continued presence in our lives.

Parvati
Pembroke Pines, Florida

A PRECIOUS JEWEL

Dearest Guru,
Om Tat Sat,

A shower of blessings and gratitude to you on this special occasion. All of us, who have had the privilege of listening to your words, always so powerful, yet so simply expressed—all who truly listened and exercise what you teach have become better human beings. As for myself, you have been my guru, my guide, my traveling companion through all my journeys. I am never alone. You are always with me in many ways, tapes, books and most currently through modern technology. But really all I need is to close my eyes, calm my mind and there you are to ground and remind me of my specific moment, my situation. To act when necessary, make adjustments, or simply let go... and carry on. It's SOUL communication. Most significant for me is how my heart has embraced you through time with respect, love and immense gratitude. You are a precious jewel to all of us.

In Prem and Om,
Prabha
Miami, Florida

EXEMPLAR OF AN IDEAL LIFE

Our beloved and revered Gurudev is the best exemplar of living an ideal life. His teachings resonate because they are not merely theoretical. His day-to-day life wafts the fragrance of all Divine virtues that he expounds. He loves all and serves all. His life as a *jeevanmukta* is the best message for us to emulate. He is a beacon of hope for the forlorn and his resplendent smile and presence is healing. Our fortune is boundless in that we can sit at his lotus feet, listen to his nectarine teachings and absorb his grace. The transformation in our own lives since coming to Gurudev has been remarkable. We love our Gurudev and pray to *Brahman* the Absolute, which our Gurudev represents, to forgive our



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many faults, and continue to shower his blessings and help us fortify our practice of Integral Yoga in daily life and to reach the goal of life prescribed by Swamiji for years to come.

Shriram and Rekha
Miami, Florida

EMERGING SELF

Beloved Guru, Dear Swami Ji,

All those years of practice of Yoga *Sadhana*, I thought I was the one doing the whole work. You tirelessly kept saying "You are not the doer, you are not the enjoyer. nothing exists, nothing belongs to you... All is the Self, pure consciousness." Years of hearing about the Self, receiving the highest teachings from you— how is it that the conditioned mind doesn't get it?

Swami Ji, you have a magic touch. I don't know how you do it, but you do it. That is your *Siddhi*! Slowly but surely, with your teachings, my understanding deepens, and the colors in my eyes that veil the Truth slowly fades. By the little touch of your fingertips as you give *Kum Kum*, you inject *Bhakti* into one's heart. The shine in your eyes gives so much *Shakti*. You so professionally discriminate the Self from the reflected self, that makes one say "WOW."

Being in *Satsang* not only nourishes the eyes but all the other senses, like the sight of your glowing form or all

the colors and images around you feed the eyes. The most I enjoy is the taste of your established consciousness in the Self, in the Truth. It is truly delicious to be around someone like you that is fully realized!

Now, subjectively and objectively, Self is Emerging. Everyone looks so enlightened!! This is all because of your teachings; this is all your strength; this is all your blessings.

I thank God all the time—thank you God, thank you. Thank you, Swami Ji, for this opportunity of *Satsang*; thank you for being available to us; thank you for tirelessly teaching about the Self.

You are truly inspiring!!

Radhika
Miami Beach, Florida

A DIVINE "COZY BLANKET"

Om Tat Sat Swamiji,

Thanking you for your tireless reaching out day and night. The influence that I gain even from one attendance is so very enlightening and I do appreciate it! I can truly say you have lightened my burden on this earthly road.

Thanking you through your words, and I keep you in the writhies /thought waves of my mind, as I would a cozy blanket.

These days you are a virtual but very real companion.

Mahima Devi
Miami, Florida

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HEARTFELT APPRECIATION AND ADORATIONS

A GARLAND FOR SWAMIJI

As far back as I can recall, I have experienced Life as a mysterious amalgamation of supernatural magic and bliss. Today I know that one needs a Guru, an enlightened teacher, to help one understand what is needed to achieve life's purpose of self-realization, and provide guidance to develop spiritually toward this goal.

A year and a half ago I retired, left Washington D.C. for good, and moved back to my home in South Miami. Little did I know then, that somehow "magically" I would find myself living just a few blocks from that Enlightened Guru: H.H. Swami Jyotirmayananda, direct disciple of H.H. Swami Sivananda Saraswati Maharaj!

It so happened that later in September 2019 my meditation instructor, Swami Srirampryananda of Divine Life Society of Washington D.C., came to visit Swamiji at the ashram and she invited me to meet him. That blissful encounter sparked my devotion to cultivate the Divine Self within. I started attending *satsangs* and meditation classes regularly as well as every festivity held at the ashram. Then a few days after Swamiji's 89th birthday (before the coronavirus lockdown) I received my initiation to Japa Yoga. And that's how I got seriously committed to the study and practice of Integral Yoga.

Thank you Swamiji for your Immense Generosity, Selfless Service to Humanity and Sublime Grace! On this auspicious year of your 90th birthday I pray for your health, wealth and bliss absolute. Please receive my heartfelt appreciation and adorations with Prem and Om,

Sri Madhuri Devi
Miami, Florida

MANY THANKS TO OUR GUIDING LIGHT

Param Poojya Swamiji,

Thousands of adorations to your holy feet.

On the auspicious occasion of your 90th birthday, we pray to God to bless you with long life and radiant health. We take this opportunity to express our gratitude for your selfless service of humanity. It is our good fortune to enjoy your teachings through books, magazines and talks. You are the guiding light for your devotees who wish to overcome life's miseries arising out of ignorance. Like many other aspirants, your teachings have tremendously helped us throughout our life.

We don't have words to express our gratitude for your tireless endeavour to keep reminding us of the real goal of life. You are the *Jivan Mukta* Guru who not only shows us the way to the ultimate goal but also exemplifies his teachings through his life.

We thank God for giving us this priceless opportunity to be in contact with you. We pray to God to shower his choicest blessings on you! May the Absolute Self keep shining bright through you and guide ignorant souls like me through the world process.

Speck of dust on your feet,
Yoganjali
Singapore

G - Guru, gratitude
A - Atman, appreciation, admiration
R - Revered
L - Love
A - Auspicious
N - Nitya - eternal
D - Divine

Happy 90th Birthday Swami Jyotirmayananda,

Thank you for sharing all your teachings, knowledge, wisdom and guidance.

May good health continue to be yours.

Om Shantih,
Jerry and Vidya
Davie, Florida

KEEP GUIDING US FOREVER

Dear Swamiji,
Charansparsh!

On your birthday, I pray to God for your long and healthy life.

I thank you for being our guiding light during a difficult year. Your lectures have been of special significance to me throughout the pandemic. They have helped me internalize the meaning of your teaching: that in adversity lies the seed of our progress and evolution.

Your unparalleled perspective helped completely transform a scary Corona virus into a source of "*Karunamaya Ras*" — helping to develop compassion in us and all of humanity!

Your writings, lectures, and tweets inspire my *sadhana* everyday. I wish you a long and healthy life and may you keep guiding us forever!

Thanks and regards,
Amit Bajpayee
Singapore